

Year 10 Assessment Schedule 2024 - Faculty: Personal Development, Health and Physical Education

| Term | Term 1 | | Term 2 | | Term 3 | | Term 4 | |
|-----------|--|--|--|---|--|--|--|---|
| Task Name | Task 1 Fitness Plans and Community Health Task | Task 2 Observation and Participation (Fitness) | Task 3 Research Presentation and advocacy task | Task 4 Paired Dance –Jive ongoing and Performance | Task 5 Healthy Minds Examination | Task 6 Observation and Participation (Net court/racquet games) | Task 7 Job letter, CV, application- The next chapter | Task 8 Observation and Participation (Invasion Games) |
| Due Week | Week 6 | Weeks 6-8 | Week 8 | Week 7-8 | Week 10 | Weeks 6-8 | Week 7 | Weeks 4-6 |
| Outcomes | PD 5-2, 5-6, PD5-7, PD5-8, PD5-9 | PD5-4, PD5-7, PD5-8, PD5-11 | PD5-6, PD5-7, PD5-8, PD5-9 | PD5-4, PD5-5, PD5-10, PD5-11 | PD5-1 PD5-2, PD5-6, PD5-7, PD5-9 | PD5-4, PD5-5, PD5-10 PD5-11 | PD5-1, PD5-2, PD5-9 | PD5-4, PD5-5, PD5-11 |
| Unit | Let's Get Physical | Fitness Cross country and Athletics | Better Safe than Sorry | Dance | Healthy Minds- What's your De stressor? | Net court/racquet games | Grow Up | Invasion Games |
| Weighting | 20% | 5% | 20% | 10% | 20% | 5% | 10% | 10% |

| <u>Outcomes</u> | |
|------------------------|---|
| PD5-1 | assesses their own and others' capacity to reflect on and respond positively to challenges |
| PD5-2 | researches and appraises the effectiveness of health information and support services available in the community |
| PD5-3 | analyses factors and strategies that enhance inclusivity, equality and respectful relationships |
| PD5-4 | adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts |
| PD5-5 | appraises and justifies choices of actions when solving complex movement challenges |
| PD5-6 | critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity |
| PD5-7 | plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities |
| PD5-8 | designs, implements and evaluates personalised plans to enhance health and participation in a lifetime of physical activity |
| PD5-9 | assesses and applies self-management skills to effectively manage complex situations |
| PD5-10 | critiques their ability to enact interpersonal skills to build and maintain respectful and inclusive relationships in a variety of groups or contexts |
| PD5-11 | refines and applies movement skills and concepts to compose and perform innovative movement sequences |