

Shoalhaven High School - Newsletter

Respect, Responsibility, Safety and Participation



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2022 Term 4 Week 4

Friday 4 November 2022

COMING EVENTS

4-15 November – Check-In Assessments
8 November – Music for the Minds
8 November – IO Road Safety Excursion
10 November – Clontarf Big Day Out Year 9/10/11
11 November – Aboriginal Dance Excursion
11 November – RYPEN Rotary Youth Program
11 November – Year 8 Sexual Health Talk
15 November – Clontarf Big Day Out Year 7/8
15 November – Music for the Minds
17 November – Under 16s Mixed NRL Touch Carnival
17 November – Support Paintball Excursion
17 November - Mangroves Field Trip
22 November – Music for the Minds
22 November – Year 6 Information Evening
23 November – South Coast Beach Volleyball Tournament
24-25 November – Year 8 Camp
25 November – Peer Support Training
28 November-2 December – Year 9 Work Experience
29 November – Year 6 Orientation Day
29 November – Parliament House Visit
29 November – Music for the Minds
30 November – Clontarf Top 10 Trainers Camp
1 December – Year 7 Gala Day
2 December – IO Italian Lunch Experience

DEPUTY PRINCIPAL'S MESSAGE

Students from Shoalhaven High School commenced their written HSC exams with English Paper 1 on Wednesday 18 October and concluded with Food technology on Friday 4 November. In between, students sat a variety of examinations to complete their secondary studies. Currently these are papers are being marked with students to receive their marks on December 15. That morning the school will host the traditional HSC breakfast for this year's graduating students.

Another event that is fast approaching is the school production. Under the guidance of directors, Mrs Snape and Miss Robson, students have been rehearsing throughout the year to present Finegan Kruckemeyer's 'The Snow'. Other students have been designing sets and costumes whilst hospitality students are working to cater for the dinner and show which will run for two nights in December.

Our Aspire students in Year 7 and 8 are currently working hard to prepare for the annual Aspire Showcase on Wednesday 7 December. Students from the two Kookaburras classes will dazzle parents and carers with their incredible efforts that have been produced throughout the year. All visitors are welcome to attend the event which will begin with a sausage sizzle at 5.30pm.

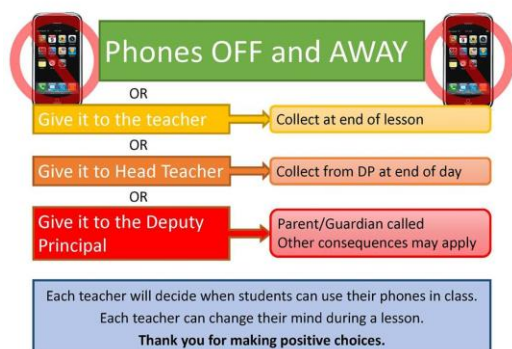
The school's Transition Program is in full swing with Mrs Bagnall working closely with primary feeder schools to ensure a smooth start to Year 7 after the holidays. Year 6 students around the state of NSW are scheduled to visit their local chosen school for Orientation Day on Tuesday 29 November. In addition, the process of finalising students for the 2023 Aspire Program is well underway with Year 6 students having submitted applications and attended interviews here at school. Overall, it is a very exciting time for Year 6 students as they near the end of primary school.

Finally, there are a large number of rewarding school activities that students from various cohorts can enjoy as we approach the end of the year. The biggest will be the trip to Jamberoo Recreation Park on Friday 9 December but there are other camps and excursions for students to enjoy if they qualify. It takes a great deal to organise events such as the Nahla Camp but the benefits to students are clearly evident when talking to students afterwards.



PHONES OFF AND AWAY

Shoalhaven High School has updated its rules for



student use of mobile phones. Students have been given several weeks of advance notice by the Principal Mr Rees and staff, so compliance is expected from students.

Literacy and numeracy



Check-in Assessments

In term 4, all students in Years 7, 8 and 9 will be taking part in the NSW Department of Education Check-in assessments. These assessments are administered online and assess both Reading and Numeracy.

Check-in is designed to supplement existing school practices and identify how students are performing in literacy and numeracy. It will drive future planning and help teachers tailor their teaching more specifically to student needs.

Students are asked to bring earphones from home (no air pods) and strictly no smart phones or watches will be allowed during the assessments.

Transport for NSW



School Travel

Term 4 2022

2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

transportnsw.info

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School Travel
Term 4 2022

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Further information can be found at transportnsw.info/travel-info/using-public-transport/school-travel

Enquiries can be submitted at transportnsw.info/contact-us/feedback/passes-concessions-feedback

transportnsw.info

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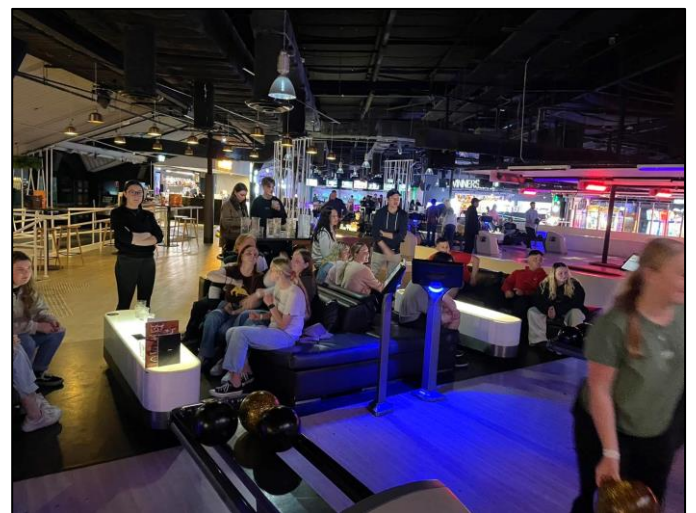
RUOK AND JERSEY DAY

The students and staff at Shoalhaven High came together to recognise and celebrate RUOK and Jersey Day today. Students enjoyed their free ice creams, three legged races and a game of touch on the oval. A huge thanks to all the SRC students for their help in handing out the ice creams, Year 12 for organising the novelty races, and the Clontarf crew for running the touch game. Remember, every day is a good day to ask a friend if they are OK, and don't forget to have that chat with your family about organ donation!



YEAR 12 FINAL EXCURSION

Year 12 had a great time on their final excursion. They have been eating, shopping, and having a go at bowling, laser tag and arcade games. They went to the Chinese Friendship Gardens and Paddy's Market before having a sleep on the train on the way home. All seemed to have a great time, and made some memories to last a lifetime.



YEAR 12 FORMAL

A fantastic time was had by all at the Year 12 Formal.



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YEAR 12 GRADUATION



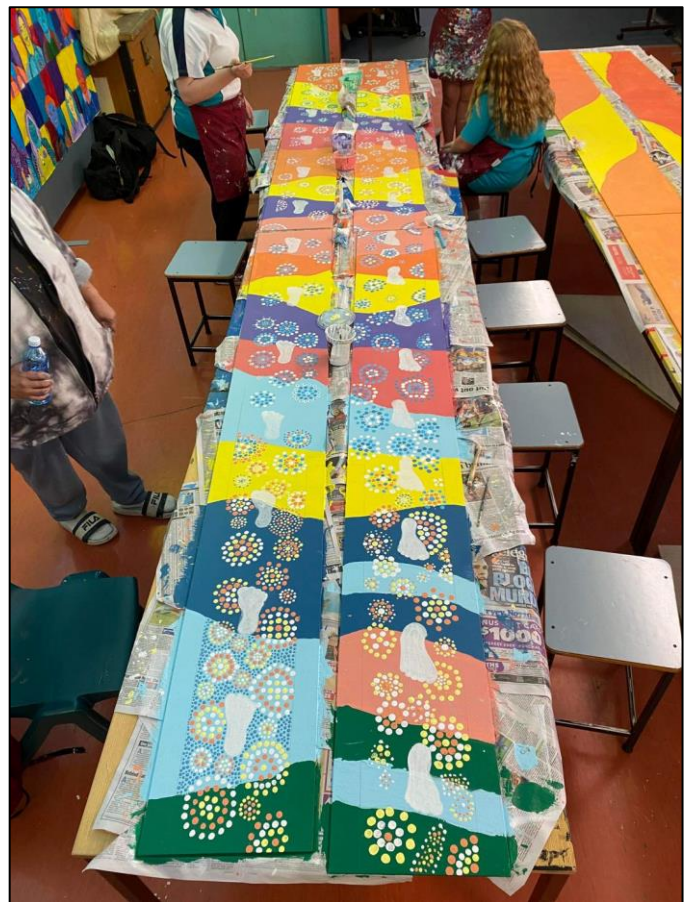
YEAR 12 STANDARD ENGLISH

A bitter sweet day as the Year 12 Standard English class attends their final double period. Faculty awards handed out, revision jeopardy, drama games to revise characters from some of the set texts studied for the HSC, followed by a delicious hot chip lunch with caramel slice made by our very own Mackenzie. Thanks for the enthusiasm, Year 12.



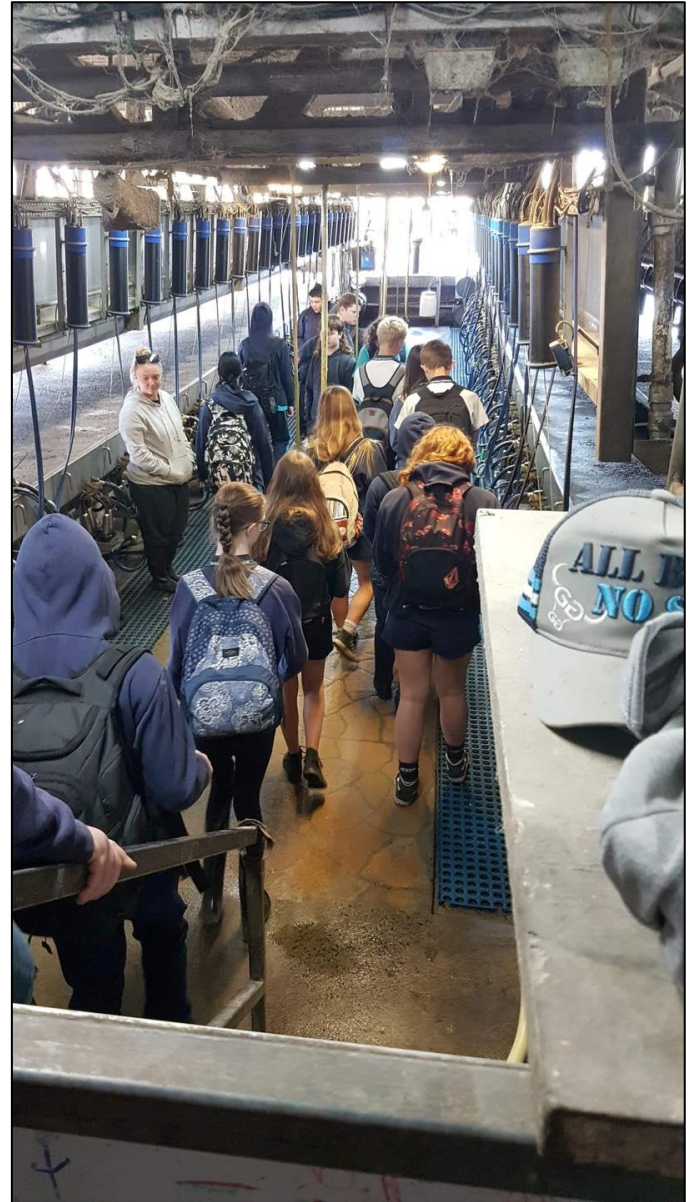
HALL MURAL

Lots of excitement in the Visual Arts faculty. We have started a new project with artist Aunty Kerrie Williams- a new mural to frame the sides and top of the stage. It is looking fantastic so far, and we have had a variety of students volunteering to help- even some of our new school leaders!!



YEAR 9 AND 10 AGRICULTURE

Year 9 and 10 Agriculture students at Tim Cochrane's farm at Terara.



EMERGENCY SERVICE EXPO

Students explored careers in NSW Fire and Rescue, Rural Fire Service, SES, Marine Rescue, NSW Surf Life Saving, Shoalhaven City Council Pools, NSW Ambulance, NSW Police, NSW Health and Defence Force held at Bomaderry Sports Centre.

The event and bus transport were coordinated and sponsored by Employment Pathway Program and Regional Industry and Employment Program



EMPLOYMENT PATHWAY PROGRAM

In Term 3, students have completed a number of skill taster courses that were sponsored and coordinated by Employment Pathway Program



IM AND IO BOODEREE EXCURSION

IO and IM Junior classes from the Support Unit thoroughly enjoyed their excursion to Booderee National Park. Students explored local habitats at a beach and a forest comparing living things in each location. Students also explored the impact of pollution on local water sources and discussed the importance of keeping our beautiful Shoalhaven areas clean. It was a wonderful day on Wreck Bay country, connecting to the local land!



This term the AU classes have been learning about Medieval Europe during HSIE lessons. To wrap up their learning Miss King and Mrs Bagnall put on a Medieval Banquet & students had to rate their dining experience.

A photograph of two students sitting at a table during a social event. Both students are wearing paper crowns. The student on the left is wearing a blue shirt and holding a glass of red wine. The student on the right is wearing a dark hoodie and also holding a glass of red wine. On the table are several baskets of food, including bread and fruit, and several papers, including a 'MATHS' worksheet and a 'THE MATHS GARDEN' worksheet. A smartphone is also visible on the table. The background shows a classroom setting with a blue door and a whiteboard.



YEAR 7 HSIE

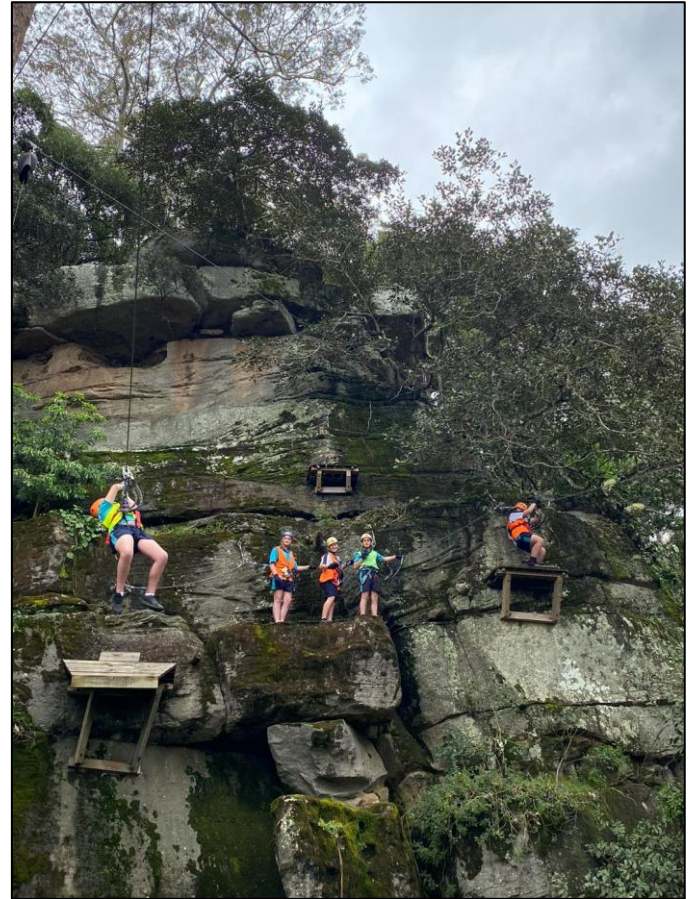
This term, Year 7 have been studying Medieval Europe and the Viking Age in History. For their assessment task, they were challenged to create a historically accurate replica of something from this time period - and boy did they deliver!

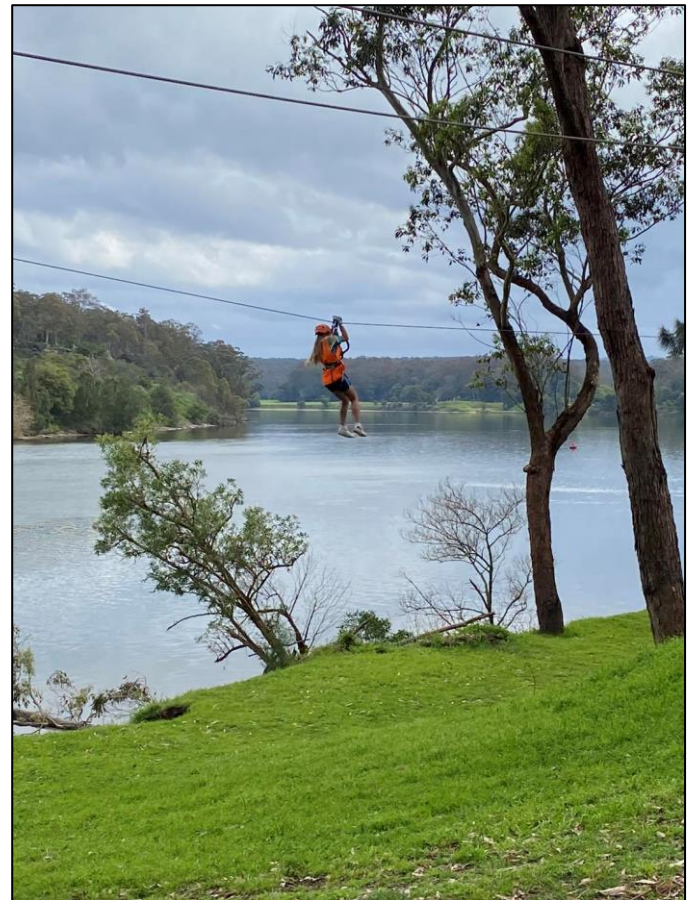
Everyone did a fantastic job on their artifacts, and the "Medieval Fair" put on in the library to showcase their work was enjoyed by all!



YEAR 7 TREETOPS EXCURSION

Lots of fun was had by our very adventurous Year 7s. The rain held off and the students enjoyed climbing the trees and zip lining around.





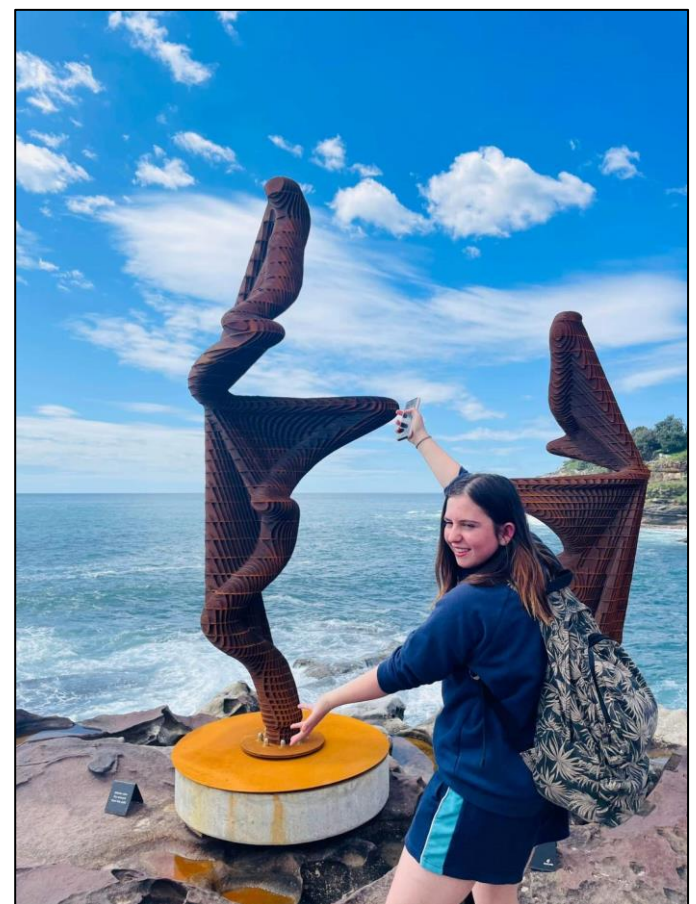
STATE DRAMA FESTIVAL

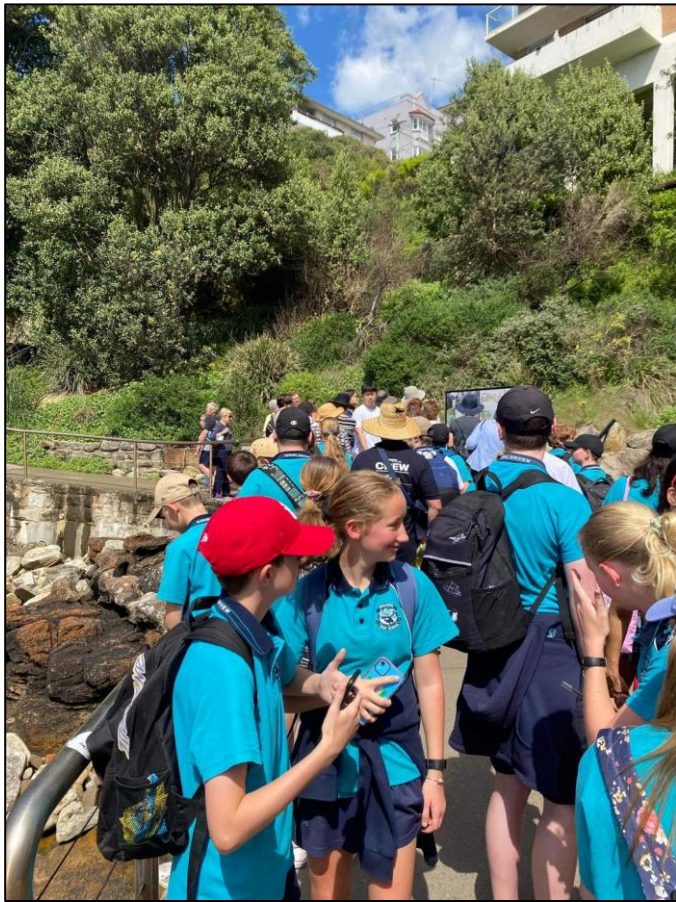
Mrs Snape and Miss Robson took our cast on a special trip to Sydney to see the State Drama Festival. Everyone had an absolute ball and have returned home full of inspiration and energy in preparation for our own production. Keep an eye out... The Snow is coming!



SCULPTURES BY THE SEA

What a fantastic day for our Visual Arts students at Sculpture by the Sea - perfect weather, amazing sculptures, informative guided tours and fun workshops combined for an awesome day! A huge thank you to Sculpture by the Sea for such a wonderful experience!





CAREERS

Year 12

Career Advisors support for students and parent/carers during transition from school is available.

Students are reminded to complete the Leaving School Document.

Applications for financial support and scholarships are still open.

Shoalhaven Education Fund provides funds for resources to young people who went to school in the Shoalhaven, have financial hardship and leave school to work or study.

It requires a simple application stating what they would like eg computer, internet modem, travel expenses, uniforms, text book, tools etc. They visited our school this week. Applications are open.

<https://cef.org.au/foundations/shoalhaven/>

School Based Traineeships for 2023

- Early Childcare position in East Nowra
- Westpac Indigenous position for Business Services

SBAT information session Monday 8 November

Period 6 for students from Years 9 and 10 as more positions are becoming available.

Work Experience

Year 9 Work Experience

Term 4 Week 8 (28 Nov to 2 Dec)

Year 9 students have had career lessons on developing career pathways, employability skills, resumes and plans for work experience in Term 4. This will culminate in a work experience week at the end of November.

Students are encouraged to seek an employer or business that will host them do work experience. For a successful first work experience is it often best to have a business where the student and/or family are familiar.

All students are encouraged to participate in work experience. It is not mandatory and school activities will continue that week if students are not ready for work experience.

WorkSmart courses for Term Four

Workers, Health and Safety (WHS) Construction Induction Course Or Construction White Card
3 November.

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This is the compulsory course for students doing work or work experience on a construction site. Cost \$80 (This includes a \$20 subsidy from SHS funds).

First Aid

6th and 7th December

\$65 (This includes a \$20 subsidy from SHS funds).

Register in Careers Hub

TAFE Customer Service

Monday 28th November

Certificate of Attainment \$50

Register in Careers Hub

TAFE PLUS or short courses - Term 4

Free TAFE taster courses coordinated and sponsored by Employment Pathway Program for students over 15 years. Expression of interest close 9th September

- Allied Health, Sports Medicine and Fitness
- Electrotechnology
- Maritime skills
- Digital Media and Design
- Hairdressing and Barbering
- Beauty

TAFE EVET courses

Construction And Automotive Mechanic

Eight Year 10 students were successful in their application for these taster courses to be held Wednesday and Thursday from Week 2 -9 in Term 4
Careers In Child Care and Careers in Aged Care

Ten Year 10 students have applied for positions in these programs that will be conducted throughout Term 4. They include industry visits, job preparation courses, work experience and school-based traineeships offers for 2023.

The program is coordinated and sponsored by Regional Industry Employment Program

Looking for a Job?

Animal Care Attendant

Shoalhaven City Council

Closes 12th November

<https://shoalhavencouncil.jobs/>

Leisure Attendant

<https://shoalhavencouncil.jobs/>

Shoalhaven City Council - Various locations

Aquatics Instructor – Coach, Fitness Instructor (Wet & Dry), Gym Assist, Lifeguard

Packers - Food Manufacturing -Nowra

TLH Recruitment

www.tlhrecruitment.com.au

Trades Assistant

Shoalhaven Electric Motors & Power Tools South Nowra

<https://www.seek.com.au/>

Apprenticeships And Traineeships

- Painting and Decorating Apprenticeship
Shoalhaven Fair Painting Closes - 28/11/2022
<https://www.megt.com.au/jobs/25681>

- Mechanical Apprenticeship
Shoalhaven City Council Closes - 4th Nov 2022
<https://careers.hvvc.com.au/>

- 2023 Water Operations Traineeship
Shoalhaven City Council Closes - 4th Nov 2022
<https://careers.hvvc.com.au/>

- Civil Constructions Traineeship
Shoalhaven City Council Closes - 11th Nov 2022
<https://careers.hvvc.com.au/>

- Surveying Traineeship
Shoalhaven City Council Closes - 11th Nov 2022
<https://careers.hvvc.com.au/>

- Business Administration Traineeship
Shoalhaven C C- Woolamia Closes - 16th Nov 2022
<https://careers.hvvc.com.au/>

- Apprentice Horticulturist
JMK Horticulture Jervis Bay
<https://www.seek.com.au/>

- Real Estate Traineeship
LJ Hooker – Sussex Inlet Closes - 4th November
Contact 0244412135

- Signwriting Apprenticeship
Hills Signs – Bomaderry Contact Kim Hill 44214070

- Business Administration Traineeship
Hills Signs – Bomaderry Contact Kim Hill 44214070

Casual Employment

Woolworths Bomaderry

Coles

Dominos

Respect, Responsibility, Safety & Participation

Café Rene

Atli Pharmacy East Nowra

Local Training Opportunities for student who have left school

- Construction Bootcamp – West Nowra
Accelerate 5 week course
Commences 7th November
1300 350 867 or email
info@productivitybootcamp.com.au

- TAFE RSA/ RCG/ Customer Service
Thursday 17 and Saturday 19th Nov \$50
Register in Careers Hub asap

- TAFE RSA/ RCG/ Customer Service
Interact with customers (SITXCCS003), Provide responsible gambling services (SITHGAM001), Provide responsible service of alcohol (SITHFAB002)
<https://skills.education.nsw.gov.au/>
Course code - CG 00008260

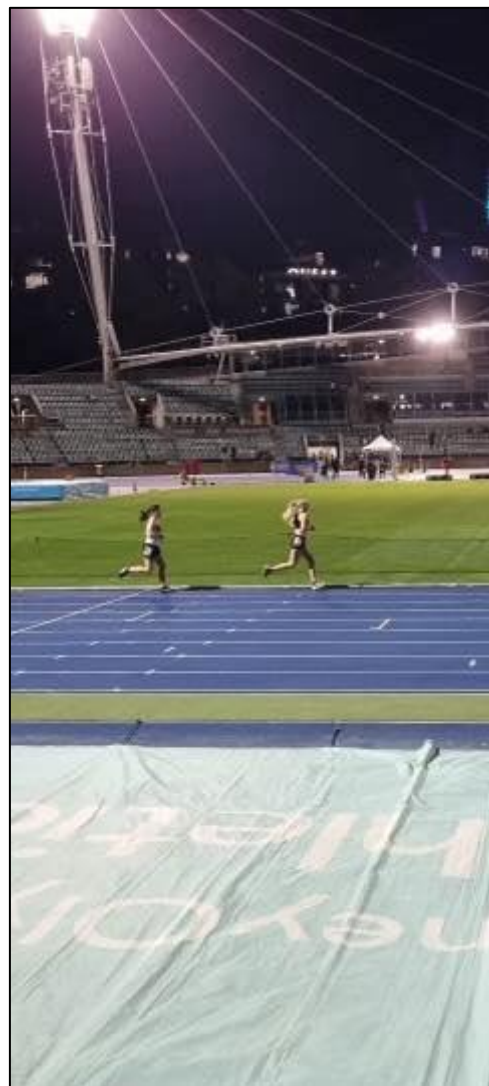
- TAFE Electrotechnology Statement of Attainment (Wollongong)
8th November 3 days per week for 5 weeks
131604 or <https://www.tafensw.edu.au/>

- Statement of Attainment Maritime Skills - Huskisson
<https://skills.education.nsw.gov.au/>
Course code - CG 00005253
Apply basic survival skills in the event of vessel abandonment (MARF027), Follow procedures to minimise and fight fires on board a vessel (MARF028), Meet work health and safety requirements (MARF029), Survive at sea using survival craft (MARF030)

- Pool Life Guard - Wollongong
<https://skills.education.nsw.gov.au/>
Course code - SSSS00129
Administer oxygen in an emergency (PUAEME003), Perform advanced water rescues (SISCAQU007), Perform basic water rescues (SISCAQU002), Provide First Aid (HLTAID011), Provide emergency care (PUAEME001), Supervise clients in aquatic locations (SISCAQU006)

SPORT

Congratulations to Lexi Charalambous who competed at the All Schools Athletics Championships over the school holidays. Lexi placed 8th in the 5km event, in what is her final year of competing for SHS. We are all so proud of you and what you have achieved during your time at high school ★



SHS UNIFORM SHOP



OPEN DURING TERM
TIME:

MONDAY AND THURSDAY

9AM - 1PM


EFTPOS OR CASH ONLY!

STUDENT ASSISTANCE IS
AVAILABLE FOR ELIGIBLE
PARENTS


BRING YOUR OWN TECHNOLOGY (BYOT)

Please have a read of the BYOT Policy/Guidelines on our website (Under Our school then BYOT) or click on the link below, for the expectations on how technology and mobile phones are used at our school, and the consequences for misuse of the technology.

[BYOT Policy](#)



Bring Your Own Technology




Positive Choices

- Students putting phones on silent and putting them away in bags or in the facility provided by teachers, if they are not required for the lesson. Other devices are also put away, if this is requested.
- Students following teacher instructions, so that they are using devices appropriately during the lesson.
- Students showing staff their work if they are using devices, whenever they are asked to do so during the course of the lesson.

The following are examples of positive uses for devices in lessons that your teachers may access in classes:

- research activities which involve the use of internet access.
- note taking, video making for projects and assessments.
- photographing notifications of tasks and work not completed on boards.
- recording the progress of work in practical classes.
- using the calendar to create homework / due date entries/ excursion/ test notifications – student diary/ organiser.
- timekeeping/ stop watch for speeches/ calculator.
- using SRN, One Note, Kahoot or other appropriate software to allow student responses/ organise tasks.
- teacher directed quizzes.
- dictionary/ thesaurus work.
- recording and storage for multimedia tasks.
- submission of tasks via email.
- accessing ABC i view, educational apps.
- recording information whilst on excursions.



Negative Choices

- Students not putting phones in bags, the facility which may be provided by staff in classes or in a place acceptable to staff, and not turning them off, if they are not being used for the lesson.
- Students not having "lids ajar" on laptops, or not removing earphones when requested to do so by staff.
- Students refusing to use technology in accordance with teacher instructions.

This includes:

- Students texting or calling others on mobiles during class time.
- Students refusing to show staff their work on the technology.
- Students failing to make a reasonable effort with the technology to complete work.
- Students passing mobiles to others for inappropriate use or not handing phones to staff before going to the toilet.
- Students playing games on their device during lessons.
- Students using technology to bully, harass, offend or threaten others – includes illegal filming/ photography = serious offence!

Being able to use technology in class is the teacher's choice, not the student's choice! There are consequences for any student who breaks the rules.

UNIFORM POLICY

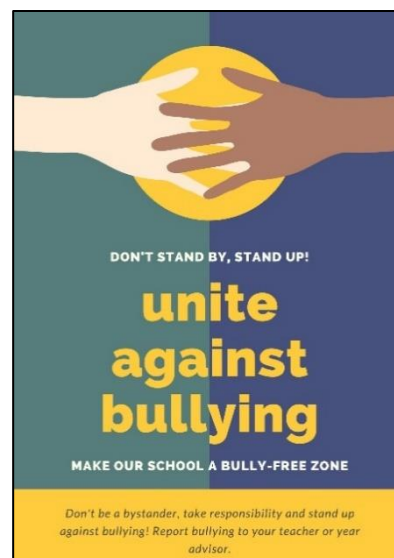
The Shoalhaven High School Uniform Policy is found on our School website under 'Our School' or click on the link

[2020 Uniform Policy](#)

ANTI-BULLYING PLAN

The Shoalhaven High School Anti-bullying Plan is found on our School website under 'Our School' or click on the link

[Anti-bullying Plan](#)




STUDENT TIMETABLES

Students now have access to view their timetable for 2021 online via the Student/Parent Sentral Portal.

To access, please visit

<https://shoalhavenhs.sentral.com.au/portal/> then log in with your DoE username and password.



Shoalhaven High School

Student and Parent Portal

Please enter your username and password below

[Forgot Password?](#)



Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

Please visit the Department of Education's *Policy library*

The school leaving age:

Please visit the Department of Education's *Wellbeing and Learning* website

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 512

www.dec.nsw.gov.au

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NSW Department of Education and Communities

COMMUNITY NEWS



FITFORLIFE

FREE SPORTS, GAMES AND FEED


Wednesday After School to 4.30pm

Ages 14 to 17

- Weights
- Basketball
- Archery
- Boxing
- BBQ



72 Park Rd, Nowra
www.pycnsw.org.au/Shoalhaven



SEE YOU THERE!

FREE MEMBERSHIP

Hang out with our staff, volunteers and the NSW Police.
Play some sport, some games and finish the arvo off with a free feed.

Want to know more? Visit www.pycnsw.org.au/Shoalhaven
You can also call us on 4421 8588 or email us at Shoalhaven@pcycnsw.org.au



transparent support group

one Thursday every month 5.30-7.30pm



(02) 4446 7300 Or info@headspacenowra.org.au to register

The gender Centre and headspace Nowra facilitates a monthly support group for parents and carers of transgender and gender-diverse young people

Held monthly, the group aims to provide support to parents and carers so they can best support their young person. Groups are held in person at headspace Nowra




Wesley LifeForce Suicide Prevention Training

Essential skills training to recognise and respond to someone at risk of harm.

Educating, empowering and resourcing local Australian communities

Program outline
Wesley LifeForce offers suicide prevention training to educate and provide people with the tools to recognise and help someone who is at risk

Since 2002, we have provided suicide prevention skills training to more than 33,000 people in metropolitan, regional, rural and remote Australia

Training session details
Date: Monday, 7 November 2022
Time: 10:00 am – 3:00 pm AEDT
Light lunch provided
Free Event

The outcomes

- understand risk and protective factors
- how to identify the warning signs that someone may be at risk of suicide
- how to ask directly about suicide intent
- understand what local and national support resources are available to support a person at risk

Location:
The Country Club, St Georges Basin
11 Paradise Road
Sanctuary Point
NSW 2540

Register online: [Wesley LifeForce Suicide Prevention Half Day Workshop, Sanctuary Point NSW Tickets, Mon 07/11/2022 at 10:00 am | Eventbrite](https://www.eventbrite.com.au/e/wesley-life-force-suicide-prevention-half-day-workshop-tickets-50123456789)

Or email lifeforce@wesleymission.org.au or call 1800 100 024

The Wesley LifeForce Suicide Prevention Program gratefully acknowledges the funding provided by the Australian Government.

Do all the good you can because every life matters

Shoalhaven High School will, as a service to parents, advertise community news which may be of interest. SHS does not necessarily endorse or sponsor the events and accepts no responsibility to the management or organisation.