

Shoalhaven High School - Newsletter

Respect, Responsibility, Safety and Participation



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shoalhaven-h.schools.nsw.gov.au www.facebook.com/shoalhavenhigh

2023 Term 1 Week 8

Friday 17 March 2023

COMING EVENTS

15-27 March – NAPLAN
21 March - Seasons for Growth
22 March – Perfect Presence Program
22 March – Zone Touch Gala Day
22 March – Parent Teacher Meeting – Year 7 and 11
23 March - Fit4Home
24 March – Community Partners Morning Tea
24 March – Induction of SRC
24 March - Opening of Wellbeing Hub
28 March – Workers, Health & Safety (WHS) Construction Induction Course
28 March - Seasons for Growth
29 March – Perfect Presence Program
30 March – Fit4Home
3-4 April – Canberra Excursion
3-4 April – Clontarf Year 7 Induction Camp
4 April – SCC Recycle Centre Excursion
4 April - Seasons for Growth
5 April – Perfect Presence Program
5 April – Belvoir Theatre Excursion
6 April – Fit4Home
6 April – Athletics Carnival
7-25 April – School Holidays
26 April – Students return for Term 2

PRINCIPAL'S MESSAGE

Term 1 has been full of exciting activities and opportunities for our staff and students. Over the past few weeks, our students have been very busy in all sorts of extra curricula activities and representation of the school in many different activities.

Over the last few weeks, we sent our Zone swimming team to the Zone carnival to compete against the five other local high schools. Our students participated to the best of their ability and were excellent ambassadors for our school. From this carnival numerous students were selected to attend the Regional Carnival in Dapto held very recently. Please

see a detailed swimming carnival report later in the newsletter.

As the term draws to a close, we still have lots happening in the school community. Week 7 and 8 has seen our students participate in Pi Day, South Coast Rugby League Trials, South Coast Rugby League Gala Day and the Soccer Zone Gala Day. On the last day of this term, 6 April, we will once again hold our annual school Athletics Carnival. Students will attend school as normal, go to roll call and then make their way to the athletics oval for a day of school spirit, fun and participation.

Week 8 also will see our Year 7 and 9 students undertake the annual NAPLAN testing. Mr Flugler and the Learning and Support Team have done a great job ensuring these students can participate in the testing and perform to the best of their ability.

As the term draws to a close, we will host our Annual Partners Morning Tea and SRC Induction on the 24 March in the school hall. This date will also see Shoalhaven High School officially open our new Wellbeing Hub. We host this event to thank our community partners who offer so much valuable support to the staff and students at Shoalhaven High School. A thank you to all these organisations, agencies and individuals who take time out of their busy schedules to support and assist our students to make the most of their educational opportunities.

I would also like to extend an invitation to wider school community to express an interest in join our Local School Reference Group (LSRG). This group provides an opportunity for our Aboriginal Community to share in our students' educational journey. As part of the Connected Communities Strategy each school establishes their own LSRG that will meet twice a term. The makeup of our LSRG includes- AECG President (Chair), P&C Representative (Vice Chair), 2 Community members or elders and 2 parent representatives. We are having an establishment meeting next Thursday 31

March 2023. The time and venue will be published shortly on our Facebook page and school website. All the best for the remainder of the term and have a safe, relaxing and enjoyable Easter break. The school term concludes on Thursday 6 April, which is the last day for students. All students return to school on Wednesday 26 April.

With Thanks,
Damian Rees
Executive Principal
Connected Communities
Shoalhaven High School



SHOALHAVEN HIGH SCHOOL
Providing Quality Education in a Caring, Supportive Environment

[50 Park Road • P.O. Box 4061 • NOWRA EAST NSW 2541 • Tel: (02) 4421 8022 • Fax: (02) 4423 0272 • Email: shoalhaven-h.school@det.nsw.edu.au]

PARENT/TEACHER AFTERNOON - YEAR 7 and 11
LIBRARY – WEDNESDAY 22 MARCH 2023
3:30pm to 5:30pm

We invite you to bring your student/s with you for interviews.

This afternoon allows parents and staff the opportunity to meet.
Appointment for interviews can be made through the parent portal at
<https://shoalhavenhs.sentral.com.au/portal>

If an appointment cannot be made, please simply turn up
and we will arrange for you to meet the teacher.

All staff will be available throughout the afternoon.

Please contact the school on 4421 8022 if you cannot make it on the day but
would still like an interview.

THIS IS AN OPPORTUNITY YOU SHOULD NOT MISS.

We look forward to seeing you on the day.

D REES
Executive Principal

ATTENDANCE

What do you need to do if your child is away from school?

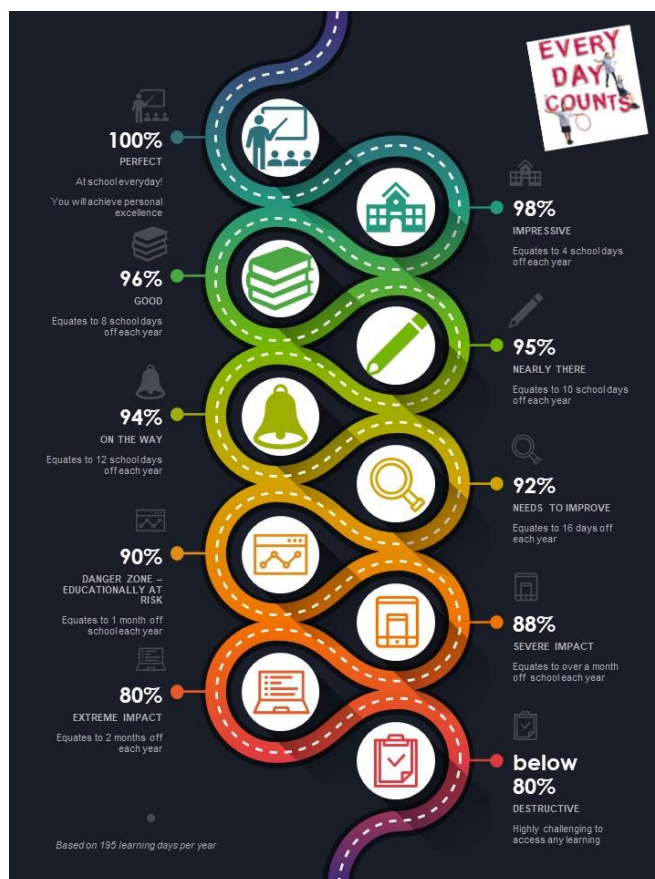
You have 7 days to explain an absence. If you do not contact the school within 7 days, the absence will be marked as unjustified and cannot be changed. This will affect your child's overall attendance.

How do you contact the school?

There are several ways:

- Phone 02 44218022
- Email shoalhaven-h.school@det.nsw.edu.au
- Log on to the portal
- Send a note with the student when they return.

Do you know what your child's percentage is?

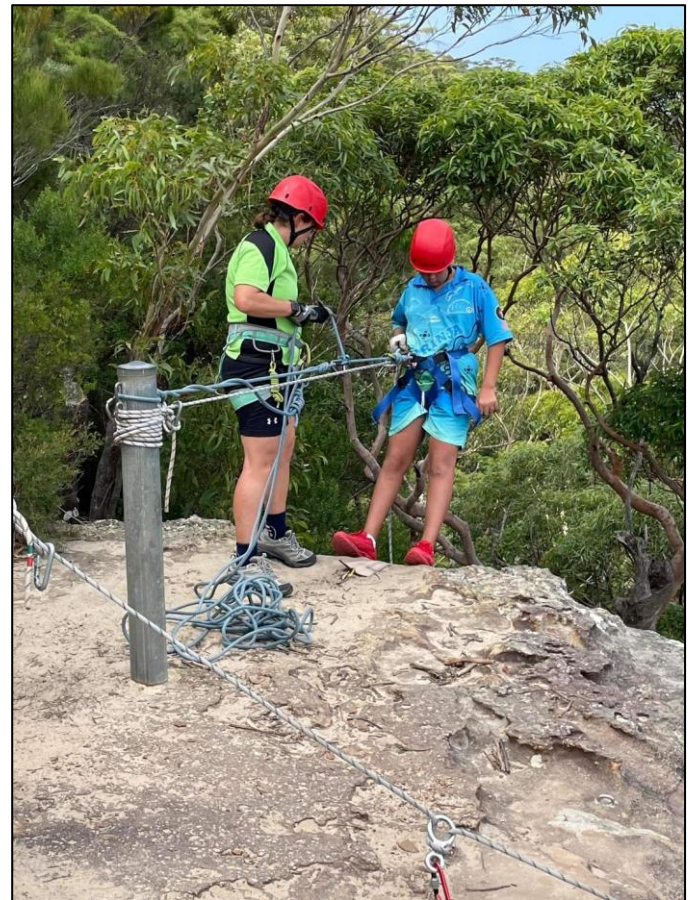
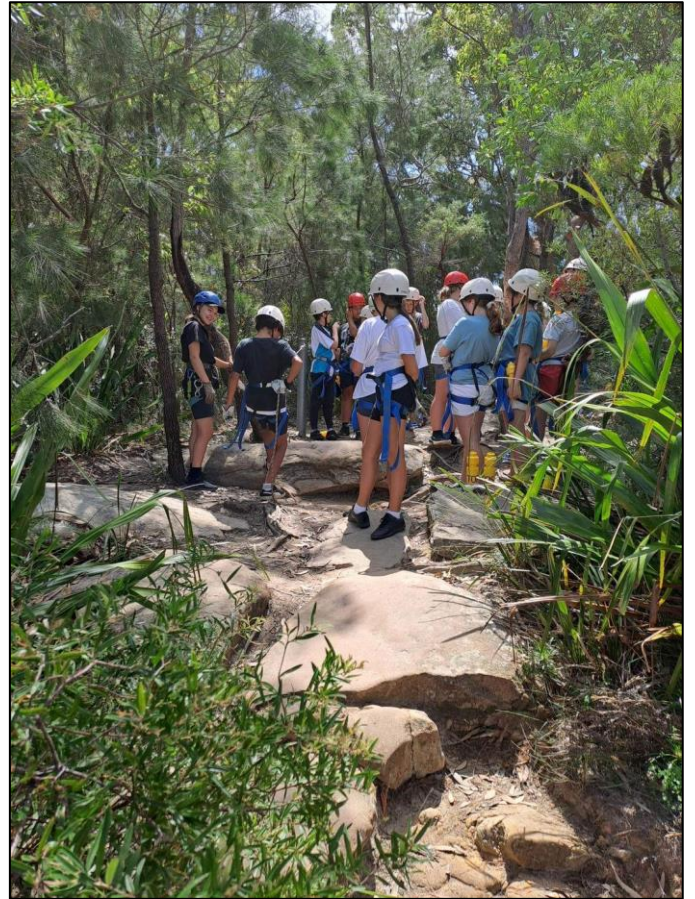


SENIOR TEXTILE CLASS

Miss O'Neil's very thoughtful senior textiles class have been tie dying clothing during their textiles lessons and have sent their creations off to Jameson Campus Ngaanyatjarra Lands School for the children to wear! Check out how awesome they look in their new socks! Great job guys.



YEAR 7 CAMP





5/6 OPEN NIGHT

Thank you to all of the families who attended our Year 5-6 Open Night on Tuesday.

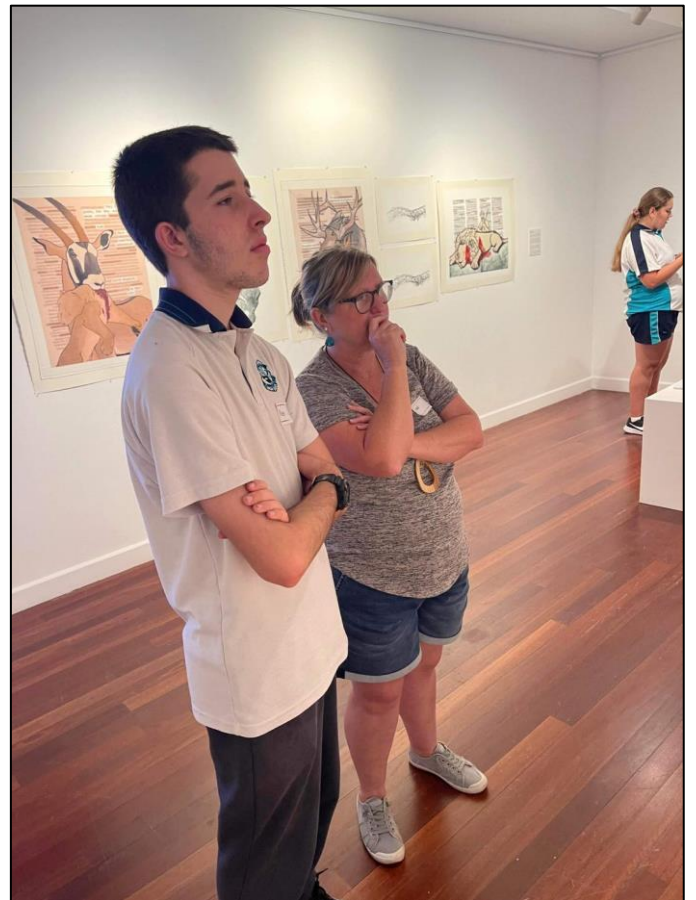
It was wonderful to see so many future Shoalhaven High School students engaging in our mini lessons and exploring our learning spaces!

If you have further questions feel free to contact our transition coordinator Demi Bagnall on 4421 8022



HSC VISUAL ARTS

Our HSC Visual Arts students had a great day at a writing workshop with artist and educator Sarah Fordham on Monday. It was attended by students from all across the region and delivered some awesome tips and strategies for the HSC Visual Arts exam. The students also visited the New Horizons Art Exhibition of HSC Body of Works. Thank you to the Shoalhaven Art Society who kindly sponsored the event and Mrs Alison Stewart who organised the day.



CANTEEN PRICES AND SPECIALS

Hot Food	Shoalhaven High P&C Association Canteen Made to Order	Drinks
<ul style="list-style-type: none"> Plain, Vegemite or Raisin Toast \$1.00 Cheese Toasties \$2.00 Pita Pocket – Ham & Cheese \$4.50 Cheese Burger \$6.00 Garlic Bread \$3.50 Chicken Burger \$6.00 Goujons – 6 Pack \$3.00 10 Pack \$5.00 Traveller Pie \$4.50 Bakery – Plain Pie \$4.50 Pepper Steak \$4.50 Cheese & Bacon Sausage Roll \$4.00 Noodle Cup – Chicken, Beef \$3.50 	<p>Sandwich or Wrap GF Options available</p> <ul style="list-style-type: none"> Vegemite \$2.50 Cheese Sandwich \$2.50 + Tomato \$0.50 Egg Sandwich \$3.50 + Lettuce \$0.50 Chicken, Ham or Falafel \$3.00 + Cheese \$1.00 + Tomato \$0.50 + Salad \$3.00 Salad Box GF \$5.00 Lettuce, Carrot, Tomato, Cucumber, Beetroot, Capicum, Cheese, Avocado \$1.00 + Egg \$1.00 + Chicken \$2.00 + Ham \$1.50 + Tuna \$1.00 Caesar Salad GF \$5.00 + Chicken \$2.00 Caesar Pasta Salad \$6.00 + Chicken \$2.00 Toasted Turkish \$6.00 + Chicken, Cheese & Avo \$6.00 + Ham, Cheese & Tomato \$6.00 Zucchini Slice \$4.00 Spinach & Feta Roll \$5.00 	<ul style="list-style-type: none"> Water 600ml \$2.00 Plain Milk 600ml \$2.50 Big M 300ml \$4.00 Chocolate Strawberry DF Classic Milk 500ml \$5.00 Chocolate Strawberry Ice Coffee Vanilla Malt Up & Go \$3.00 Chocolate Strawberry Vanilla Just Juice 200ml \$1.50 Apple Orange Apple & Blackcurrant Glee Juice + Bubbles \$3.00 Blackcurrant Watermelon Tropical Raspberry
<p>SEE ADDITIONAL FLYER FOR THIS TERMS DAILY SPECIALS</p> <p>Snacks</p> <ul style="list-style-type: none"> Judies \$2.00 Lemonade, Orange, Tropical, White berry \$1.00 Quelch \$1.00 Apple, Blackcurrant, Strawberry, Raspberry \$0.50 Anzac Biscuit \$0.50 Blueberry Muffin \$1.00 Chips \$1.00 Frozen Yoghurt \$2.50 Mango or Strawberry Chocolate Mousse \$1.00 		

Shoalhaven High P&C Association Canteen	
Term 1 2023	
Daily Specials	
\$5.00	
MON	Potato Bake 
TUES	Chicken Fried Rice
WED	Pasta Bolognese 
THURS	Butter Chicken
FRI	Pizza Wrap 
	Pepperoni BBQ Chicken and Cheese
Only available on the selected days	

EASTER EGG RAFFLE

The Nahla girls are holding an Easter Egg Raffle to raise funds for a local family whose little boy has been diagnosed with MECP 2 Duplication Syndrome.

The tickets are \$2 each or 3 for \$5, and will be drawn on Monday 27 March. For more information, please contact the AEO office.

If you would like to find out more about this rare genetic disorder please head to the website:

<https://mecp2d.org/>



EASTER
Egg Raffle

TICKETS - \$2 EACH OR 3 FOR \$5
THE NAHLA GIRLS WILL BE SELLING TICKETS, OR SEE THE AEO OFFICE.

Winners will be drawn on Monday 27th March

ALL PROFITS WILL BE DONATED TO A LOCAL FAMILY IN NEED

SPORT

Basketball

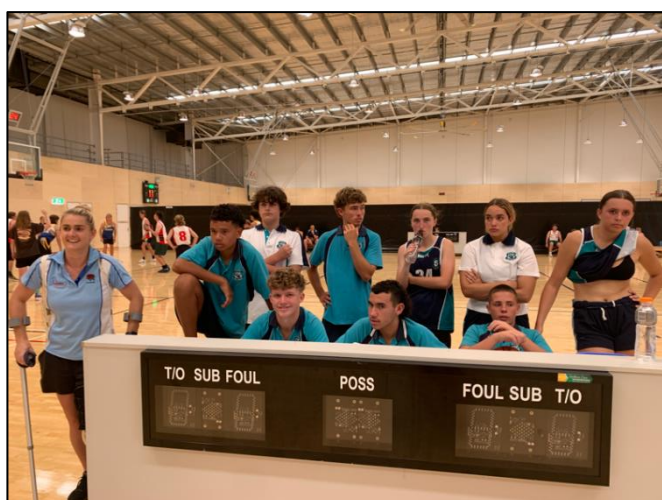
On Thursday 16 February 2023 the Opens Boys and Opens Girls basketballs teams competed in the Zone Basketball Carnival at the Indoor Sports Centre at Bomaderry. Both teams are to be commended as it was vigorous competition and extremely hot weather. The competition comprised of players from Kiama HS, Bomaderry HS, Vincentia HS and Ulladulla HS and the level of play was exceptional.

The girls' team, made up of Kayleigh C (Yr 12), Saffron F, Maddison H, Taneka C-T (Yr 11), and Karnae S-S (Yr 10) played 3 games throughout the day. They are to be complimented on their sportsmanship, as whilst they did not win any of their games, they played with heart throughout the day.

The boys' team, made up of Ethan B (Yr 12), Zeke B (Yr 11), Raymond B, Wyl B, Dylan Ds-, Lachlan F, Nelson M-B, Noah W, and Luke B (Yr 10) played an exciting 2 games against tough teams. Unfortunately, the boys were defeated, however they deserve to hold their heads up high.

It was wonderful to learn that at the end of the competition both SHS teams were awarded the unanimous referee's commendation for team spirit, sportsmanship and effort, for their support of each other and great attitude.

Well done to all involved.



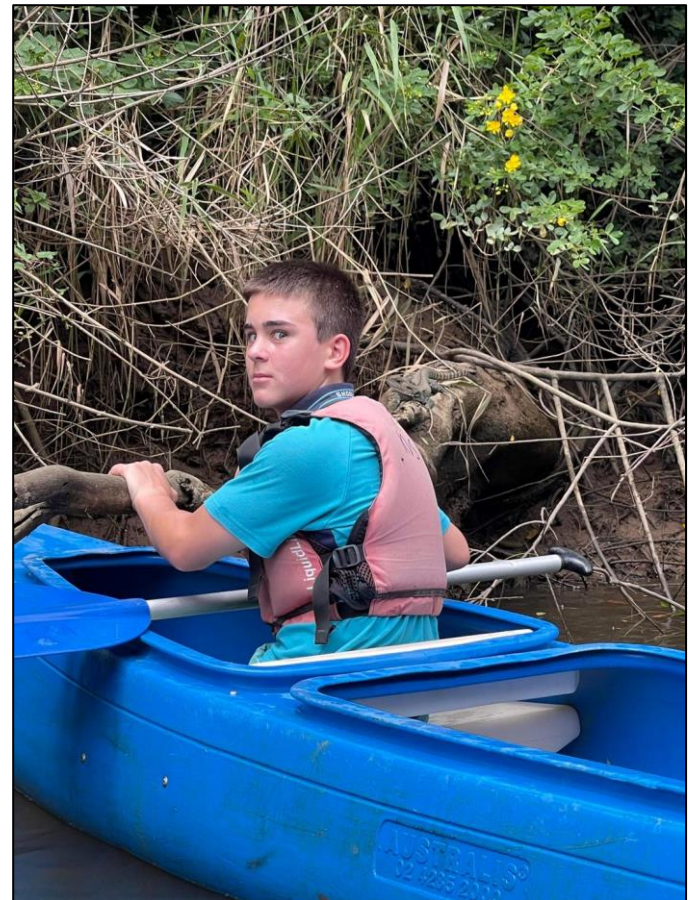
Netball

Wednesday 15 February 2023 our under 15s and opens girls headed to Ulladulla to play in the Zone Netball Gala Day. Despite the lack of training and half the girls not having played before they put in their best efforts with enthusiasm and high energy on what was a hot, sunny day. The girls came away with some wins but most of all enjoyment on what was a great day out. Well done girls.



Canoeing

Another magic session on the creek for the canoeists today! Thanks legends!



Zone Swimming Carnival

On Tuesday 21 February we had 35 enthusiastic students attend the Zone Swimming Carnival held at the Bomaderry Aquatic Centre. On what was a hot and humid day, the level of participation and eagerness to get in the pool was outstanding. This was evident in our overall team points whereby we came in ahead of Nowra High and Bomaderry High- a result that has not been achieved prior to this year. An excellent achievement that Shoalhaven High School students should be proud of.

Furthermore, a massive congratulations to Bianca G. Bianca placed first in all her events entered, anchored a number of relay teams ultimately showing excellence in her swimming abilities which was rewarded in being named the Zone U15 Girls Swimming Age Champion.



South Coast Swimming Carnival

On Thursday 9 March, we had 10 enthusiastic students head to South Coast Swimming Carnival- Bianca G, Charlotte G, Will D-L, Oscar B, Jaxon B, Tulli K, Keira F, Liam S, Caleb D and Tyson W at Dapto Aquatic Centre. All students involved came up against students from schools ranging from Bulli High School through to Batemans Bay and out to Yass. They performed with pride and enthusiasm and should all be proud of themselves. Another mention to Bianca, who performed to her full potential at the South Coast carnival qualifying her for Combined High Schools State carnival to be held next term. Well done.



Zone Rugby League Gala Day

On Thursday 2 March the Shoalhaven High School Under 15's and Opens Rugby League teams travelled to Bomaderry Sporting Complex to compete for the Ben Creigh Shield and the Opens County Cup. Our U15s boys started the day with two hard-fought wins against both Vincentia High and Ulladulla High, allowing us to progress through the semi-finals where we faced St Johns. The boys played valiantly and gave it their all up until the last whistle but were unable to get the victory.

Our Opens boys started their day against an evenly matched St Johns team. Our boys started well showing what we were capable of in both attack in defence with it going into a draw at half time. In the second half the boys once again came out firing but with two quick tries in the last few minutes St John's came away with the win. The boys next game was against Ulladulla was a tough game where the boys had to work to the final minutes ensuring they came away with the win. With a win and a loose, the semi-final led us to play once again against Ulladulla where this time around Ulladulla were too strong and came out with the win. The Opens boys should be proud of their efforts with most of the team playing up an age and willing to turn up for each other throughout the games.

Well done to all players involved, it was an extremely hot day on the field and every player represented this school with integrity and maximum effort. A further congratulations to Dylan G who was selected to trial for the U15s South Coast team as well as Luke B, Campbell L and Jymeal M who were also selected to trial for the Opens South Coast team later this term.



Zone Soccer Gala Day

On 8 March both the boys and girls played their opening rounds in the CHS Opens Football competition. This year the competition took a different format with the first 3 rounds being played in a gala day format within our Shoalhaven Zone and whoever was victorious from the day would progress to the next rounds of the competition.

With some intense training sessions under their belts, both teams and their coaches were confident they would be competitive on the day.

Both teams played Vincentia High in their opening matches and while the girls completely dominated their opponents with speed and skill scoring many goals to none, it was the opposite for the boys who although tried hard and never gave up, were unfortunately beaten by the Boys Vincentia High Team.

The second game saw similar results with the girls easily accounting for their Ulladulla High opponents winning 6-1 and the boys although more competitive missing out against a skilled Ulladulla High team.

The last game for the girls was the final against Kiama. We got off to a great start to be up 4 nil after 10 min. The rest of the game was extremely competitive with both teams having numerous opportunities to score but Shoalie secured the victory winning 7-3.

Fuelled with the performance enhancing diet of KFC and Maccas, the boys almost pulled off an amazing upset in their last game, but it wasn't to be going down to Bomaderry High in a tight game. Although they didn't win a game throughout the day the boys played with great heart and enthusiasm.

Congratulations to the open girls' team who now progress further in the competition after winning the Zone carnival.

The day was also selection trials for the Shoalhaven rep teams to compete at South Coast trials last week. SHS had 5 students selected in these teams, Cooper W for the boys and Annabella P, Maddison H, Indy P and Myra B for the girls. Further congratulations to Annabella and Maddy for gaining selection in the South Coast team after these trials. Great effort girls.



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South Coast Soccer Gala Day

Following on from being picked in the zone team, these students headed to Shellharbour last week to partake in the South Coast Trials as members of the Shoalhaven Zone team. Both Maddison H and Anabella P showcased their amazing soccer skills and were selected in the South Coast Opens Soccer Team. Both girls should be extremely proud of themselves and SHS wishes you the best of luck at the CHS championships in a couple of months.



Girls South Coast Rugby League Trials

On Monday the 6 March Karnae S-S headed to Albion Park where she participated in the South Coast Rugby League Trials amongst 60 other students from the South Coast area. As a result of her trial performance, she was selected as a member of the South Coast Rugby League Girls team, an achievement that she should be so proud of. She will now head to the Riverina to trial for selection in the Greater Southern Area Team next



term.

CAREERS

WorkSmart Activities and Courses

Career Advisors will provide opportunities for students to complete courses, attend workshops, participate in experiences outside school, in school and online.

Updates will be in Shoalhaven High School newsletters, Facebook page and directly to student's email. Students are encouraged to check their school (or work) email and participate in opportunities that interest them.

Online learning opportunities include developing gaming programs, understanding coding, art, writing and exploring many careers. Check them out.

Workers, Health & Safety (WHS) Construction Induction Course – 28 March 2023.

Course commences at 8am in Textiles Room 1. Limited places available. See Careers Hub for more information.

First Aid - Dates to be finalised.

Rural Fire Training – 1-3 May 2023

Year 10 students have the opportunity to complete the Basic Rural Fire training certificate. It is a combination of online learning and three days practical at the Shoalhaven Emergency Centre.

Careers in Nursing – 3 May 2023

Free bus to visit University of Wollongong Shoalhaven Campus. Hand-on opportunities to explore careers in Nursing and Health.

Bricklaying Trade Training - 6 - 8 June 2023

Learn bricklaying skills with a TAFE teacher doing a project at school. Successful students will receive a certificate to add to your resume. No cost.

UOW "Future Me" Program

Year 12 applications are open in March

The Year 12 Future Me is designed to provide Year 12 students with the support to get the most out of their HSC year in weekly sessions in Terms 2 and 3

- More than 20 hours of free Year 12 and beyond skills development under the guidance of our In2Uni mentors who have achieved a Band 5 or higher in one or more HSC subjects.
- Students who successfully complete the Year 12 Future Me program will be supported through the Early Admissions process and will be guaranteed an offer at the University of Wollongong or UOW College Australia. Participation in the Year 12 Future Me program will be taken into consideration when UOW and UOWC assesses course applications.

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- Face-to-face and online subject resources to assist with the HSC.
- Assistance completing your post school admissions and UAC online applications.
- Mentoring to explore post-high school options, including higher education and pathways options based on your Year 12 academic performance.

There is no cost to students from Shoalhaven High School.

UOW Learning Labs

Years 1 - 10

For students from Years 1 to 10 in July and October school holidays

Learning Labs is an academic and creative arts enrichment program for high-achieving students from Year 1 to Year 10. Learning Labs offers one- or two-day workshops during the school holidays that cover numerous interest areas.

<https://www.uow.edu.au/engage/outreach-pathways/learning-labs/>

Illawarra Careers Expo

10th May Period 3-6

Years 10, 11 and 12 can explore a wide variety of career paths from employers, traineeships, apprenticeship, universities, Australian Defence Force at the Expo.

Bus will be provided from school.

TAFE – one day per week courses for Term 2

These are available to students over 15 years.

Expression of Interest to be submitted by Friday 24 March.

- Introduction to Sports Medicine - Monday
- Floristry Skills - Tuesday
- Introduction to Beauty - Tuesday
- Early Childhood Education and Care - Tuesday
- Introduction to Design, Graphics and Web Design - Wednesday
- Introduction to Hospitality and Cookery - Friday

2023 Career Lessons

Years 9 and 10

Students will explore careers, prepare a resume and apply for a Tax File number and Unique Student Identification number (USI)

Year 9 – Terms 1 and 4

Year 10 - Terms 2 and 3

Lessons on work expectations and preparation for work experience.

Work Experience

Year 10 - Term 3 Week (4 to 8 Sept)

Year 9 - Term 4 Week 8 (27 Nov to 1 Dec)

Note: more specific work experience applications are required for

- Shoalhaven City Council
- Australian Defence Force
- Taronga Zoo (applications close 28 Feb)

Year 10 also have opportunity to explore careers to assist in subject selection for senior school

Year 10 will finalise their subject selections for senior school in early Term 3.

Naval Quicklook Program – 11 May 2023

Year 10 students can visit Albatross to look at facilities, programs, and career Naval pathways.

Each term this Naval program will provide a different adventure for Year 10 students.

Free bus transport and lunch are provided.

Shoalhaven Productivity Bootcamp

Productivity Bootcamp is a concentrated 8-week program, giving young people the construction skills and work values needed to succeed in the industry, with hands-on experience in many trades

Must be 16 years and leaving / left school. Training centre in Flinders Estate South Nowra

Applications open now - see Careers for enrolment.

info@productivitybootcamp.com.au

Hospitality and Commercial Cookery Opportunity

Opportunity for potential foodies from Years 10 to 12 provided by Shoalhaven Food Network (SFN) and Regional Development Australia Far South Coast (RDAFSC)

Expression of interest to be submitted by Friday 17 March

<https://forms.office.com/r/9AMSnxJKW>

Following an interview, the students will be selected to complete the program with 2 half days of training at TAFE Nowra.

1. Monday 3 April 9:30 am to 12:30 pm
 2. Wednesday 26 April 9:30 am to 12:30 pm
- Then an opportunity for work experience and possibly paid work during the Shoalhaven Food Network events in May.

Shoalhaven City Council Youth Advisory Committee

Provide the mechanism for youth to make representations to organisations and various spheres of Government requesting appropriate action to improve the facilities and services available to young people.

To give young people experience in Local Government and community affairs.

To create greater awareness and appreciation within the general community of the needs and talents of young people.

To provide a mechanism for young people to address youth issues themselves.

We are seeking interested Year 10 students to represent in 2023.

Apprenticeships, Traineeships and Jobs

Many full time, part time and casual positions are currently available in the Shoalhaven.

To find them

- Register and check daily with ADZUNA and SEEK apps
- Facebook – Shoalhaven Jobs
- South Coast Register
- Shop windows and promotions
- Business websites such as Coles, Woolworths, KFC, McDonalds

Warning - Check who you are forwarding your resume to online.

- Does it include your personal details?

2023 NATIONAL ADOLESCENT VACCINATION PROGRAM

Year 7 students (boys and girls) have the opportunity to participate in a free vaccination program at school and conducted by NSW Public Health Unit over 2 visits.

- Visit 1 27 April 2023
- Visit 2 31 October 2023

Permission notes and information will be distributed to students,


Notes to be returned as soon as possible either signed or with a note regarding alternative vaccination.

Year 10 students can receive the free Meningococcal vaccination as part of the National program this year.

- Tuesday 30 May 2023

Notes and information will be distributed this term.

Further information available from Mrs Rosskelly (Careers Hub) or Lisa Horgan (Student Support officer)



Dear Parents

School vaccination program

Keeping your child up to date with routine vaccinations helps to protect them from serious preventable diseases such as meningococcal, whooping cough, tetanus, and cancers that are caused by HPV (human papillomavirus).

As part of the NSW School vaccination program, students in Year 7 are offered free vaccines for diphtheria-tetanus-pertussis (dTpa) and human papillomavirus (HPV). In Year 10, students are offered the meningococcal ACWY vaccine.

Parental consent is required for your child to receive routine vaccinations at school. If your child is in Year 7 or Year 10 this year, you can now provide this consent online. You will receive an email from us with details on this year's school vaccination clinic and information on how to provide consent for your child's vaccinations.

From February 2023, children in year 7 will now only need one dose of HPV vaccine. This change has been endorsed by the Australian Technical Advisory Group on Immunisation (ATAGI) based on evidence showing that one dose provides the same level of protection against HPV as two doses.

If you have already consented to your child receiving two doses of HPV vaccine, they will only receive one dose.

If your child previously missed their second dose of HPV vaccine, they are now considered fully vaccinated and do not require a second dose.

A small number of students who are immunocompromised are still recommended to receive a three-dose course of HPV vaccine. If your child is immunocompromised, it is important to discuss their immunisation needs with their GP.

If your child misses a school vaccination clinic, you can speak to a GP or pharmacist about catching up on vaccination.

For more information on school vaccination visit: health.nsw.gov.au/schoolvaccination or [if you have any questions, please](#) contact your local Public Health Unit on **1300 066 055**.

Shoalhaven High Vaccination Days –

Year 7	Thursday 27th April 2023 (Term 2 Week 1)
Year 10	Tuesday 30th May (Term 2 Week 6)
Catch up day	Tuesday 31st October (Term 4 Week 4)

NSW Ministry of Health
ABN: 92 037 859 630
73 Macquarie St, North Sydney NSW 2060
Locked Mail Bag 961, North Sydney NSW 2060
Tel: (02) 9391 3000 Fax: (02) 9391 9101
Website: www.health.nsw.gov.au



Is your child in year 7 or year 10?

Provide your consent for routine school vaccinations online.

Benefits of providing online consent:

- easily update your child's details
- get SMS notifications when vaccinations are given
- faster upload of vaccination records to the Australian Immunisation Register (AIR)

To provide online consent, you will need:

- to visit: nswhealth.service-nsw.com/school
- your Service NSW log-in details
- medicare details for you and your child

Scan the QR code to give your consent now.





For more information on vaccination visit:
health.nsw.gov.au/schoolvaccination

November 2022 © NSW Health SHPN (HP NSW) 221060. NSW Health

ANZAC DAY REPRESENTATIVES

Tuesday 25 April

You can be part of the Shoalhaven High School representative group at community ANZAC Day ceremonies on ANZAC Day - the day before student return to school)

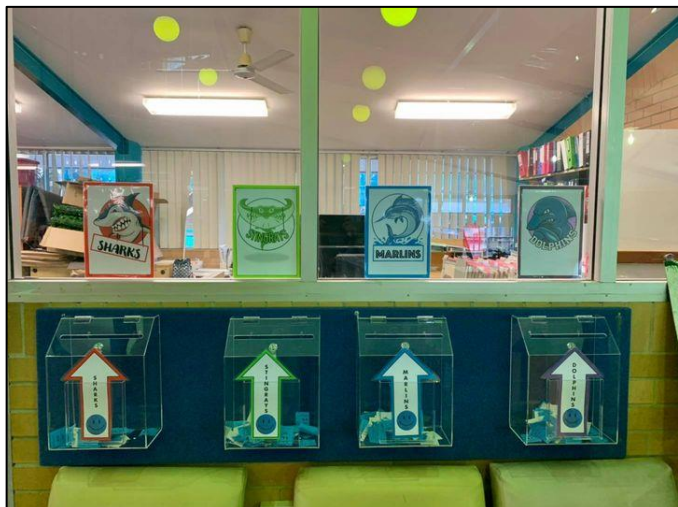
Select a location. And be a proud member of your school and receive a school merit.

- o Nowra
- o Greenwell Point
- o Culburra
- o Currarong
- o Callala Beach
- o Sussex Inlet



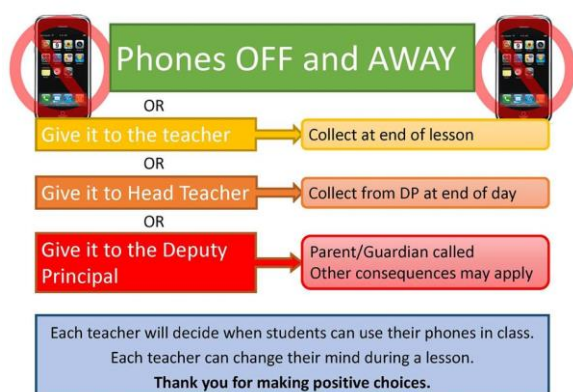
NEW BLUE SMILEY BOXES

Remember to keep popping your smileys in your house box to get that end of term reward!



PHONES OFF AND AWAY

Shoalhaven High School has updated its rules for student use of mobile phones. Students have been given several weeks of advance notice by the Principal Mr Rees and staff, so compliance is expected from students.



HOMEWORK CENTRE

Shoalhaven High School

Homework Centre





Our Homework Centre is back on for 2021!
All of our students are welcome.
What you need to know:

- It's on Monday and Wednesday
- From 3pm - 5pm
- It's in the Library
- \$1 for afternoon tea - cake and a juice or hot chocolate
- We have teachers here to help you with your study, homework and assignments
- You can use the computers and printer
- You can access our book collections for research

BREAKFAST CLUB


Breakfast Club is on Tuesdays and Thursdays. It is held at The Hub. Come and say hi and grab a cheese toast and chocolate milk.




BRING YOUR OWN TECHNOLOGY (BYOT)


Please have a read of the BYOT Policy/Guidelines on our website (Under Our school then BYOT) or click on the link below, for the expectations on how technology and mobile phones are used at our school, and the consequences for misuse of the technology.

[BYOT Policy](#)



Bring Your Own Technology






Positive Choices

1. Students putting phones on silent and putting them away in bags or in the facility provided by teachers, if they are not required for the lesson. Other devices are also put away, if this is requested.
2. Students following teacher instructions, so that they are using devices appropriately during the lesson.
3. Students showing staff their work if they are using devices, whenever they are asked to do so during the course of the lesson.

The following are examples of positive uses for devices in lessons that your teachers may access in classes:

- research activities which involve the use of internet access.
- note taking, video making for projects and assessments.
- photographing notifications of tasks and work not completed on boards.
- recording the progress of work in practical classes.
- using the calendar to create homework / due date entries/ excursion/ test notifications – student diary/ organiser.
- timekeeping/ stop watch for speeches/calculator.
- using SRN, One Note, Kahoot or other appropriate software to allow student responses/ organise tasks.
- teacher directed quizzes.
- dictionary/ thesaurus work.
- recording and storage for multimedia tasks.
- submission of tasks via email.
- accessing ABC i view, educational apps.
- recording information whilst on excursions.



Negative Choices

1. Students not putting phones in bags, the facility which may be provided by staff in classes or in a place acceptable to staff, and not turning them off, if they are not being used for the lesson.
2. Students not having 'lids ajar' on laptops, or not removing earphones when requested to do so by staff.
3. Students refusing to use technology in accordance with teacher instructions.

This includes:

- Students texting or calling others on mobiles during class time.
- Students refusing to show staff their work on the technology.
- Students failing to make a reasonable effort with the technology to complete work.
- Students passing mobiles to others for inappropriate use or not handing phones to staff before going to the toilet.
- Students playing games on their device during lessons.
- Students using technology to bully, harass, offend or threaten others – includes illegal filming/ photography = serious offence!

Being able to use technology in class is the teacher's choice, not the student's choice! There are consequences for any student who breaks the rules.

UNIFORM POLICY

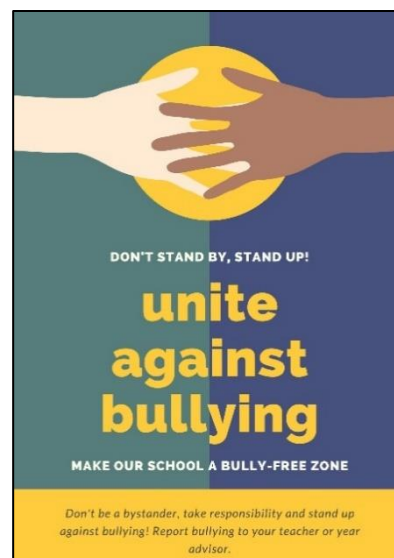
The Shoalhaven High School Uniform Policy is found on our School website under 'Our School' or click on the link

[2020 Uniform Policy](#)

ANTI-BULLYING PLAN

The Shoalhaven High School Anti-bullying Plan is found on our School website under 'Our School' or click on the link

[Anti-bullying Plan](#)



STUDENT TIMETABLES

Students now have access to view their timetable for 2021 online via the Student/Parent Sentral Portal.

To access, please visit

<https://shoalhavenhs.sentral.com.au/portal/> then log in with your DoE username and password.

SHS UNIFORM SHOP




OPEN DURING TERM TIME:

MONDAY AND THURSDAY

9AM - 1PM

EFTPOS OR CASH ONLY!

STUDENT ASSISTANCE IS AVAILABLE FOR ELIGIBLE PARENTS



Shoalhaven High School

Student and Parent Portal

Please enter your username and password below

[Forgot Password?](#)



Education &
Communities

Public Schools NSW

Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time

- ensures that students do not miss out on important learning activities scheduled early in the day
- helps students learn the importance of punctuality and routine
- gives students time to greet their friends before class
- reduces classroom disruption.

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance e.g. attending a funeral.

Following an absence from school you must ensure that within **7** days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within **2** days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court
- Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department may apply to the Children's Court for a *Compulsory Schooling Order*.

The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

Further information regarding school attendance can be obtained from the following websites

Policy, information and brochures

<http://www.schools.nsw.edu.au/studentsupport/programs/attendance.php>

The school leaving age

<http://www.schools.nsw.edu.au/leaving-school/index.php>

For further advice contact

Educational services

T 131 536

Learning and Engagement

Student Engagement and
Interagency Partnerships

T 9244 5356

www.dec.nsw.gov.au




Do you need an interpreter?

If you need help with English and would like further information please call the Telephone Interpreter Service on **131 450** and ask for an interpreter in your language. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

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NSW Department of Education

COMMUNITY NEWS



Agent C

Challenging fake news, conspiracy theories and online hate

Are you a school or youth service?
Are you worried about young people engaging with online fake news, misinformation and conspiracy theories?
Worried about the spread of racism and online hate?

We are inviting schools and youth services to participate in a FREE workshop program that will explore the emergence of online fake news and conspiracy theories with a focus on hateful and divisive narratives.

This program will give young people:

- Knowledge around fake news and conspiracy theories, in particular how to spot them and what you can do about it.
- Communication skills - learn to address complex and controversial topics in this area with the people around you.
- Networks and relationships - build connections with other like-minded young people who are passionate about this area.
- A better understanding of racism and hate.

- An understanding of social identity, power and privilege and how they impact on our relationship with fake news and conspiracy theories.
- Leadership skills - this will be an exciting opportunity to take part in workshops tackling some of the most current and important issues.

Eligibility for young people:

- Live in NSW.
- Be aged 14-21 (years 8-12 for students)
- Agree to attend 3 x 1.5 hour interactive workshops online (Zoom)
- Agree to take part in evaluation after the workshops

Training Details:

- 3 x 1.5 hour workshops online. Can be facilitated during school times or evenings and weekends (for youth services)
- Delivered by 2 expert facilitators. All facilitators have valid WWCCs.
- Multiple slots available throughout 2023. Find dates and times that work best for your school or youth service!

How to register:

- Get in touch to arrange a set of workshops for your school or youth service: agentc@alltogethernow.org.au

The Agent C project is funded by the NSW government through Multicultural NSW under its COMPACT program. It is led by All Together Now, in partnership with Headspace Compendown. All Together Now aims to prevent racism by promoting racial equity through education. <http://alltogethernow.org.au/>

CULBURRA DOLPHINS

Culburra Dolphins RLFC Registrations for 2023 are now open!

Are you aged between 5 and 16?

Do you want to play Tackle Football or League Tag?

If you answered yes, then register with the Culburra Dolphins or come along to our "Come & Try Day" on Monday 20th February 4pm at Crookhaven Oval.

To register go to www.playrugbyleague.com and follow the links.

Registration Costs: \$140.00 (\$40 with Active Kids Voucher)

Registration Includes: Shorts and Socks

For more information on registering message us on our Culburra Dolphins Junior Facebook page.





GET HOOKED ON HOCKEY

COME AND TRY

Shoalies are holding come try sessions every Tuesday at Bernie Regan.

If you know anyone who is interested in playing hockey or trying hockey for the first time please bring them along for some fun skill based activities and a chat.

Juniors, Seniors and Masters.

4:30pm - 5:30pm Minkies mixed U9's
5:30pm - 6:30pm Juniors mixed U11's, U13's & U15's
6:30pm - 7:30pm Senior Men's and Women's

Only equipment needed are a mouth guard, and shinpads. Sticks will be provided.

This year our juniors will only require one kids active voucher for payment as the remainder of fees will be subsidised.

Play to be social.
Play to get active.
Play for a challenge.
Play it your way



JUNIOR INDOOR NETBALL



**Grab some friends and
come enjoy social netball!!**



WHERE: Bomaderry Indoor Sports Stadium, Bomaderry

WHEN: Term 1 Friday Nights – games starting from 4pm
Round 1 starts 10 February

AGE GROUPS: – Mixed Comp for 10 to 12 year olds
(Max 3 boys on court at one time)

– Girls Comp for 13 to 15 year olds
(Age is based upon how old you are on 31 December 2023)

COST: \$450 per team (Max of 12 players per team)
(All players must also be insured by either registering with your local club for the winter season or there is a \$70 insurance fee with Netball NSW which will cover all competitions until 31 December 2023 including twilight competition in Nov/Dec)

**To enter a team or if you are a player who would like to find a
team to join please email Sara - indoorsna@gmail.com
Beginners welcome!**

Join the Club
Fun, Friends, Fitness



Register Now

<https://tinyurl.com/3zv5k928>

Enquiries - 0431 391 364
northnowrabomaderrynetball@gmail.com



*It's Gotta
be*

NETBALL
REGISTER NOW WITH YOUR CLUB



**Come & Join the friendliest
family club on the South Coast!!!**



Register On Line Now

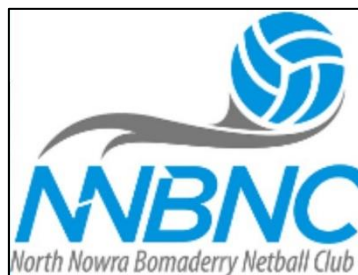
www.playrugbyleague.com
or Bomaderry Swamp Rats Facebook Page

FOR BOYS Aged 5-16 years
GIRLS LEAGUE TAG Aged 6-16 years
GIRLS TACKLE Aged 12-16 years



Good Sports
ACTIVE KIDS
REBATE
PROGRAM

Like us on
Facebook
Bomaderry Swamp Rats



**WE NEED
YOU!!**

- PLAYERS AGED
- 12-16 YEARS REQUIRED
- BRING YOUR FRIENDS
- CONTACT US TO REGISTER

NORTHNOWRABOMADERRYNETBALL@GMAIL.COM



Corroboree: A Community Cultural Celebration

Jervis Bay Maritime Museum & Gallery will be holding a FREE community event - including a smoking ceremony and corroboree with traditional dance and didgeridoo - on Saturday March 18 from 10.30 am to 2pm.

This family-friendly event will celebrate the final weekend of the *Walking Through a Songline* exhibition, the museum's first-ever fully digital multi-media presentation. This pop-up light installation is based on a component of the National Museum of Australia's internationally acclaimed exhibition *Songlines: Tracking the Seven Sisters*.

The event will also include bushtucker tours and a presentation about our own local Songline, the Black Duck Songline.

For more information please call (02) 4441 5675 or visit www.jervisbaymaritimemuseum.com.au



WILLANDRA

CROSS COUNTRY RUNNING AND WALKING

101 Brown's Mountain Road, Tapitallee

Looking for an inexpensive outdoor activity?
Interested in walking, running or training at the scenic
Willandra Cross Country Course?

**EVERY SATURDAY,
25TH MAR TO 30TH SEPT 2023**

Whether its for fun and fitness, enjoying a challenge or for achieving goals,
Cross Country running / walking is for you.
All ages - all abilities - distances 1km, 2km, 3km, 4km, 6km, 8km.
ALL DISTANCE RUN / WALKS(arrive 2:45pm) for a 3pm start.

Dogs on short leash welcome.

FOR FURTHER INFORMATION VISIT
WWW.VICTORYRUNNERS.COM.AU

Willandra

Cross Country Running and Walking

101 Brown's Mountain Road, Tapitallee.

Every Saturday, 25th March to 30th September 2023.

An invitation to all families and individuals.

Looking for an inexpensive outdoor activity?
Interested in walking, running or training at the scenic
Willandra Cross Country Course?

Willandra has been a leading Cross Country event venue, during the winter months, for over 50 years. The majority of State and Independent Schools on the South Coast use it for their school, district and regional carnivals. Athletics NSW have used it to conduct 30 State and 4 Australian Cross Country Championships and it is considered amongst Australia's best.

So whether its for fun and fitness, enjoying a challenge or for achieving goals, Cross Country running / walking is for you.
All ages - all abilities - distances 1km, 2km, 3km, 4km, 6km, 8km.

ALL DISTANCE RUN / WALKS
(arrive 2:45pm) for a **3pm start**.

- Dogs on short leash welcome.

For further information visit www.victoryrunners.com.au



Disabled Surfers South Coast Presents

Gerroa 'Smiles on Dials Day'

Sunday 19th March 2023

Meet at Port Kembla beach near the pool, Olympic Boulevard, Port Kembla



Check-in no later than 9.00am - Group-care facility participants limit of 6 per facility

A fun day surfing experience for any person with a disability, no matter how challenging, with complete water supervision.

Registration for Participants is \$10 and all participants receive a bag of goodies.

Thanks to the local participating surf shops and businesses some gifts are provided.

Free registration for Volunteer Helpers and for giving up your time you will receive

FREE Sausage Sizzle on the day.

NSW Health Covid restrictions apply

Please do not attend if	Please
You are feeling unwell.	Follow Social distancing where possible
Are awaiting a Covid Test	Use hand sanitizer (available on site)
Have recently received a positive covid test	Use a mask when out of the water and in groups (optional)
Have been a close contact to a positive test	Masks are not required due to this being an outdoors event, but appreciated for the safety of all

Or for more information and who to contact view

disabledsurfers.org/nsw/south-coast-branch or www.disabledsurfers.org

See you there putting "Smiles on dials"

Shoalhaven High School will, as a service to parents, advertise community news which may be of interest. SHS does not necessarily endorse or sponsor the events and accepts no responsibility to the management or organisation.



JOIN THE HERD

WOLLONGONG MUSTANGS



GRIDIRON

SKILLS DAY #3

VIKINGS OVAL WOLLONGONG
16TH APRIL 10AM - 2PM

- Men's 18+
- Women's 18 +
- Colt's (16-19)
- Academy (12-15)

Respect, Responsibility, Safety & Participation